

Year 6 OLA Challenge



ORCHARD
LEARNING ALLIANCE

Name:

School:

Our Community

- Visit another school
- Write a letter to an MP during Parliament Week
- Lead or take part in a charity or community event e.g park run, carnival, fair
- Take up a leadership role in school
- Support at social times for 2 weeks
- Help a neighbour



Our Skills

- Develop a new hobby or attend a new club
- Plan and cook a meal for your family
- Take responsibility for a weekly chore around the house for 6 weeks e.g shopping, tidy up after a meal, set the table
- Listen to a younger child read for at least half a term
- Demonstrate leadership skills e.g lead an assembly
- Welcome a new child/ adult to the school

Our Health

- No screen weekend
- Keep an exercise diary
- Complete a mindfulness activity
- Do something for your physical health (walk, park run)
- Research and make a healthy drink or snack e.g smoothie
- Substitute one unhealthy food for a healthy one. Biscuit for an apple for a week



Our Environment

- Go for a walk somewhere new
- Take responsibility for recycling in your classroom
- Promoting an aspect of sustainability or environmental awareness e.g Earth Day
- Improve an area of the school (planting, weeding, maintaining)
- Litter picking
- Recycling- e.g take items to charity, bottles to bottle bank

